



Grounded Dramatic Actress for Prestige TV & Film

# SHEMEKA WRIGHT

## CAREER SUMMARY

Festival-featured actress (ABFF) and Lifetime lead with over 20 years of experience in grounded dramatic work. Trained in PEM, Chubbuck, Meisner, and Adler, she delivers emotionally truthful performances with steady presence and depth. Recent credits include *Secrets in the Building*, *June's Crown*, and *Chicken Girls College Years*. She recently produced and starred in the vertical proof-of-concept *Unshaken: The Knock* and is the creator of the upcoming vertical anthology series *Glass House*.

## ROLES I HAVE PLAYED

- Community-centered hairdresser with emotional weight.
- Loyal friend who challenges truth.
- Protective mother under pressure.
- A sister carrying a truth she can't outrun.



## TRAINING

- PEM (Perdekamp Emotional Method)
- Chubbuck Technique
- Meisner Technique
- Adler Technique

## ROLES I CAN PLAY

- The no-nonsense boss with a heart.
- The best friend who sees everything.
- The caregiver with secrets.
- The ex-wife he underestimated... until now.

## CREATOR / PRODUCER

- Produced and starred in the vertical proof-of-concept: *Unshaken: The Knock* (Wright Positive Films).
- Creator of the vertical anthology series *Glass House* (in development).

## CONTACT

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